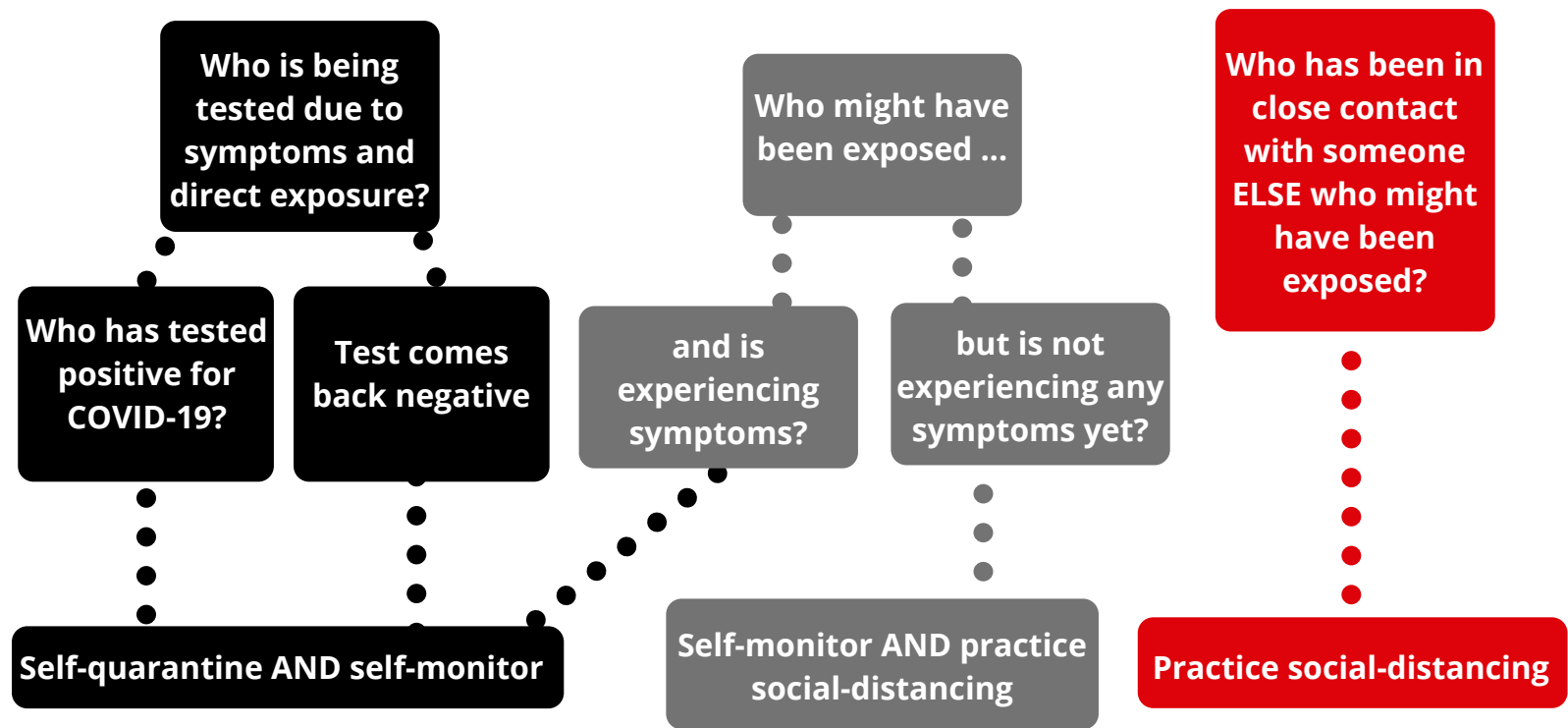


# ISD 882 Exposure Decision Tree

## WHAT SHOULD I DO IF I'VE BEEN IN CLOSE CONTACT WITH SOMEONE ...



**\*\*Close contact is defined as being within six feet of someone for 15 continuous minutes\*\***

## HOW DO I?

### Self quarantine with symptoms:

- Stay home 10 days from symptom onset and consult your medical provider
- Avoid contact with other people
- Don't share household items

### Self quarantine without symptoms:

- Stay home 14 days and consult your medical provider
- Avoid contact with other people
- Don't share household items
- If you have an alternative diagnosis you can return to school when fever subsides (under 100.4) for 24 hours

### Self monitor

- Be alert for symptoms of COVID-19
- Take your temperature every morning and night
- Consult your medical provider if you have one or more common symptoms or two or more of the less common symptoms.

### Practice social distancing

- Stay home as much as possible
- Keep a minimum distance of six feet from people
- Don't hug or shake hands
- Avoid groups of people and frequently touched surfaces
- Limit face-to-face interactions to under 15 minutes

## HYGIENE MUSTS DURING COVID-19

**Wear a mask • Wash your hands thoroughly and frequently • Watch your distance • Avoid touching your face • Clean frequently touched surfaces regularly**