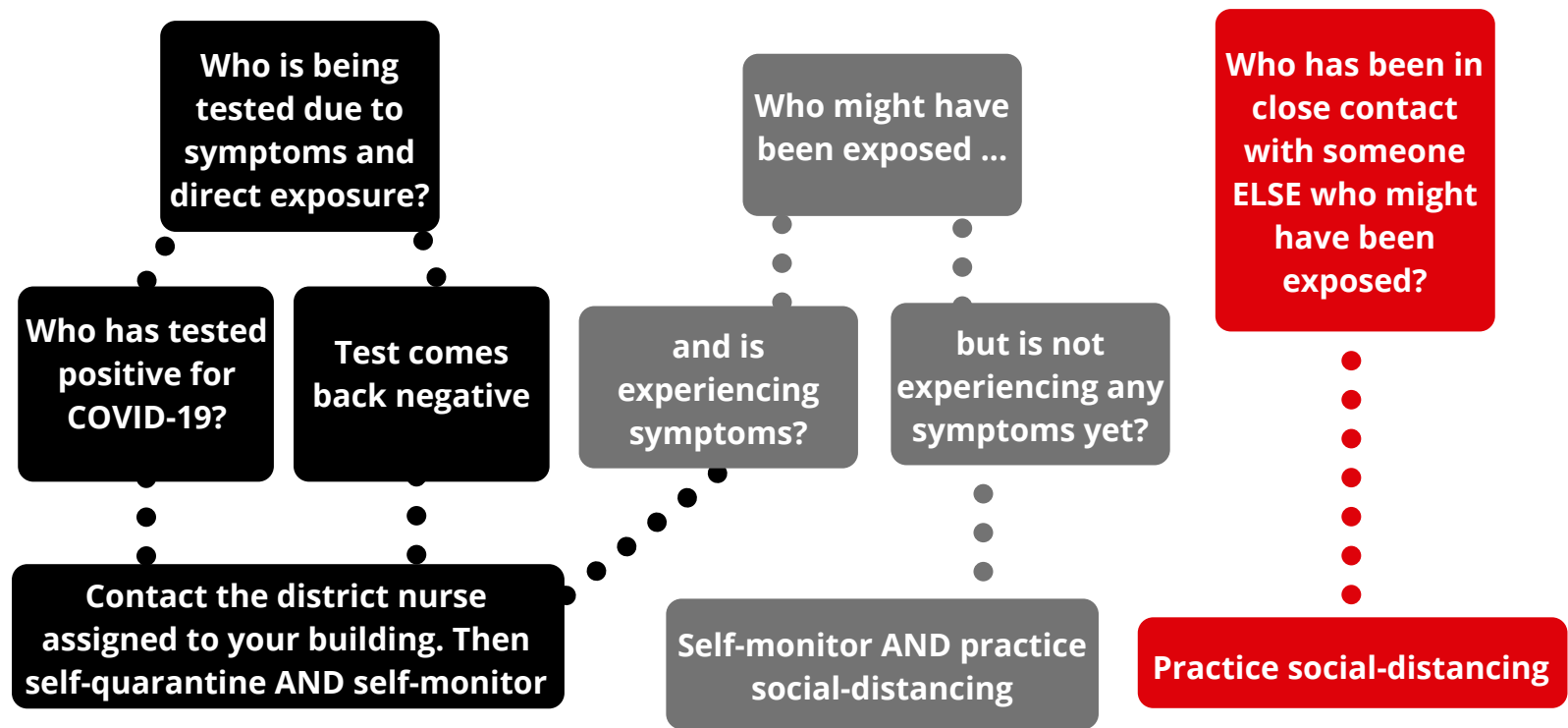


ISD 882 Exposure Decision Tree

WHAT SHOULD I DO IF I'VE BEEN IN CLOSE CONTACT WITH SOMEONE ...



****Close contact is defined as being within six feet of someone for 15 cumulative minutes over the course of 24 hours****

HOW DO I?

Self quarantine with symptoms:

- Stay home 10 days from symptom onset and consult your medical provider
- Avoid contact with other people
- Don't share household items
- If you have an alternative diagnosis you can return to school when fever subsides (under 100.4) for 24 hours

Self monitor

- Be alert for symptoms of COVID-19
- Take your temperature every morning and night
- Consult your medical provider if you have one or more common symptoms or two or more of the less common symptoms.

Practice social distancing

- Stay home as much as possible
- Keep a minimum distance of six feet from people
- Don't hug or shake hands
- Avoid groups of people and frequently touched surfaces
- Limit face-to-face interactions to under 15 minutes

Self quarantine without symptoms:

- Stay home 10 days and consult your medical provider
- Avoid contact with other people
- Don't share household items

HYGIENE MUSTS DURING COVID-19

Wear a mask • Wash your hands thoroughly and frequently • Watch your distance • Avoid touching your face • Clean frequently touched surfaces regularly