

the  **BOUNCE BACK™ PROJECT**
Monticello Speaker Series presents...

Becoming our Top 20 Selves with Willow Sweeney

This session focuses on becoming aware of our thinking, learning and communicating so we know when it is working and when it is not working.

It explores the importance of our social and emotional lives, the path towards living up to our true potential and how to handle negative experiences with more grace and dignity.



THURSDAY, APRIL 25, 2019
7:00 PM – 8:00 PM

COST:
Free!

All are welcome

LOCATION:

Monticello High School
Auditorium
5225 School Blvd., Monticello

LEARN MORE:

Go to the **Upcoming
Events** page on
BounceBackProject.org